# **SPRING VALLEY**

# January 2020

# **GRADES K-12 MENU**

\* \* \* Menu may change \* \* \*

#### **BREAKFAST PRICES x's 21 DAYS**

Grades K-12: \$1.85/day or \$38.85/month

Reduced: \$0.30/day or \$6.30/month

Adult/Visitor \$2.70/day or \$56.70/month

#### **LUNCH PRICES x's 21 DAYS**

Grades K-5: \$2.60/day or \$54.60/month Grades 6-12: \$2.90/day or \$60.90/month Reduced: \$0.40/day or \$8.40/month Milk: \$0.40/day or \$8.40/month Adult/Visitor \$3.70/day or \$77.70/month

DDID AT

Pay your food service account on-line.

#### Spring Valley Schools district home page, Family Access or On-line Payment buttons

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
			BREAKFAST	BREAKFAST
			Bacon & Egg Scramble	French Toast Bites &
				Yogurt
			LUNCH ENTREES	LUNCH ENTREES
		NO SCHOOL	-Cheeseburger	-Cheese Bites
			-Calzone	-Fish Sandwich
			Sides	Sides
			Peas	Tomato Soup
			Curly Fries	Craisins
			Mixed Fruit	
6	7	8	9	10
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Chocolate	Breakfast Pizza	Pancake Bites	Bacon & Egg Scramble	Banana Bread &
Chip Round				Smoothie
LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
-Mini Corn Dogs	-Chili	-Cardinal Burger	-Teriyaki Chicken	-Deluxe Nacho's
-Burrito	Corn Chips	-Fruit & Yogurt Plate	Rice	-Peanut Butter & Jelly
	-Fish Nuggets	Muffin	-Philly Cheesesteak	Cheese Stick
			Sandwich	
Sides	Sides	Sides	Sides	Sides
Baked Beans	Green Beans	Peas	Carrots	Corn
Mixed Vegetables	Sliced Peaches	Potato Wedges	Strawberry Cup	Raisins
Applesauce		Mixed Fruit		
13	14	15	16	17
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Stuffed Hash Brown &	Breakfast Pizza	Pancake Bites	Bacon & Egg Scramble	French Toast Bites &
Muffin				Yogurt
LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
-Chicken Nuggets	-Lasagna	-Popcorn Chicken	-Pizza Crunchers	-Quesadilla
Bread	Garllic Bread	-Eggroll	Marinara Sauce	-Ravioli
-Meatball Sub	-Fish Sticks		-Breaded Pork Chop	Breadstick
Sides	Sides	Sides	Sides	Sides
Sweet Potato Tots	Broccoli	Baked Beans	Edamame	Corn
Cauliflower	Applesauce	Rice Pilaf	Sliced Peaches	Warm Cinnamon
Sliced Pears		Juice Cup		Apple Slices

<sup>\* \* \*</sup> This institution is an equal opportunity provider \* \* \*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20	21	22	23	24
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Breakfast Pizza	Pancake Bites	Bacon & Egg Scramble	Banana Bread &
				Smoothie
	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
NO SCHOOL	-Soft Shell Taco	-Hamburger Gravy	-Orange Chicken	-Pizza Fries
	-Pizza	Mashed Potatoes	Rice	Marinara Sauce
		-Turkey & Cheese	-Hamburger	-Corndog
		Wrap		
	Sides	Sides	Sides	Sides
	Refried Beans	Carrots	Broccoli	Corn
	Spanish Rice	Mixed Berry Cup	Applesauce	Pineapple Tidbits
	Sliced Pears			
27	28	29	30	31
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Chocolate	Breakfast Pizza	Pancake Bites	Bacon & Egg Scramble	French Toast Bites &
Chip Round				Yogurt
LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES	LUNCH ENTREES
-French Toast	-Chicken ala King	-Cheese or Pepperoni	-Tater Tot Hotdish	-Italian Dunkers
Sausage	Biscuit	Pizza	Breadstick	Marinara Sauce
-Hot Dog	-Shredded BBQ Pork	-Chicken Alfredo	-Fish Sticks	-Breaded Chicken Patty
		Breadstick		
Sides	Sides	Sides	Sides	Sides
Hash Brown Rounds	Peas	Green Beans	Mixed Vegetables	Corn
Juice Cup	Tropical Fruit	Warm Cinnamon	Curly Fries	Craisins
Blueberries		Apple Slices	Strawberry Cup	

K-12 BREAKFAST INCLUDES: Milk, juice & applesauce / ALTERNATIVE CHOICE: Cold cereal or Cereal bar

K-12 LUNCH INCLUDES: Fresh fruit, salad bar, and milk choice (1% white and 1% chocolate)

K-12 LUNCH: All sandwiches are served with whole grain bun or bread

6-12 LUNCH ALTERNATIVES: 3<sup>rd</sup> choice item will be posted daily

You will be receiving a phone call from the Spring Valley Food Service Department when your family lunch account balance reaches \$3.00. If we are unable to reach you or leave a message, a letter will be sent.

If your account reaches a negative \$10.00 balance, NO more purchases will be allowed.

You can access your family lunch account through the school web site @ www.springvalley.k12.wi.us. If you have any questions concerning your family account, please contact Amy Fisher at 715-778-5551 ext. 5109.

\* \* \* Mail payments to: School District of Spring Valley, Attn: Food Service, P.O. Box 249, Spring Valley, WI, 54767 \*\*\*

### Seasonal Work- Change in Income- Change in Household Size

Remember, you may apply or reapply for free or reduced meals at any time during the school year. Applications are available in both school offices, can be mailed to you or printable on-line from our S.V. School District site, <a href="www.springvalley.k12.wi.us">www.springvalley.k12.wi.us</a> (District Information-School Board-S.V. District Forms).

Please call or e-mail with any questions.

Amy Fisher

715-778-5551 fishera@springvalley.k12.wi.us

## Seasonal Work- Change in Income- Change in Household Numbers

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Please call or e-mail with any questions.

**Amy Fisher** 

715-778-5551 fishera@springvalley.k12.wi.us



# Free and Reduced Breakfast/ Lunch Program:

Remember a new application must be filled out every school year.

All families are encouraged to fill out a free/reduced application. This helps our district in many areas, not just food service.

Remember a new application must be filled out every school year. If there is a change in income or household size throughout the school year a new application can be filled out.

School Year 2018-2019 applications are now available on our school web site and school offices.

Breakfast is served daily at 7:45 am until the first bell rings.

Cold Lunch/Brown Bag Lunch is available from the school kitchen for Field Trips. You will be charged your normal lunch rate. Please let the food service staff know ahead of time when you will need a lunch to go.

# Free and Reduced Breakfast/ Lunch Program:

Remember a new application must be filled out every school year.

School Year 2019-2020 applications are now available on our school web site and school offices.